



Dr. Balogh's surgery.

Special Theme  
Aesthetics  
& Beauty  
Special



Univ.-Doz. Dr. Brigitta Balogh.

# Univ.-Doz. Dr. Brigitta Balogh

## Beautiful treatment for your skin

**Dr. Brigitta Balogh, a Vienna-based surgeon, is an experienced and recognised specialist for plastic, aesthetic and reconstructive surgery.**

TEXT: ELISABETH DOEHNE | PHOTOS: UNIV.-DOZ. DR. BRIGITTA BALOGH

Creating and celebrating a beautiful life. That is the philosophy that best defines Dr. Balogh's work. Her approach to practising plastic and aesthetic surgery is trying to create a holistic solution for her patients. This means finding the right balance between the appearance and the experience of one's body.

"Coming from the reconstructive sector of plastic surgery, I am acutely aware that the three important things to successful operations are: a good imagination, three-dimensional thinking, and a lot of patience. In my scientific research, I explore pertinent questions and new patterns," explains Dr. Balogh.

More specifically, Dr. Balogh provides breast and hand surgery, aesthetic operations, wrinkle treatments, reconstructive surgery after accidents, tumour removals, and surgery of the peripheral nerves.

She completed her medical studies degree and training at the Medical University of Vienna and Hannover Medical School. In 1993, Dr. Balogh received her specialist diploma; in 2003, she finished her habilitation in plastic surgery. She has worked in several prestigious university clinics and continues to participate in additional training as well as scientific conferences.

In recovering patients' skin and their youthful appearance after a summer of strong sunlight, the Austrian plastic surgeon recommends to do a procedure involving the body's own material. This PRP lift or 'Vampire Facelift' has become very popular. Luckily, the only connection to vampires is the fact that it involves use of a product made from your own blood. It is a three-dimensional procedure that both lifts and reshapes, preferably in the face, and can be used on parts of the body

with wrinkles or decreased volume and even on the head to counter hair loss.

The treatment will leave the skin more elastic, fresh and smooth. The basic idea is to take a sample of your blood, process it into something called 'platelet-rich plasma' or PRP, and then inject it into facial wrinkles.

"I am glad to support patients who simply want to look good and counteract the ageing process. My small team and I work with people who value a skilled, reputable expert to help them make changes to how they look – and feel," Dr. Balogh says.

[www.drbalogh.at](http://www.drbalogh.at)



Dr. Balogh performing treatment.