



Dr. Balogh's surgery.



Dr. Balogh performing treatment.



Univ.-Doz. Dr. Brigitta Balogh.

Univ.-Doz. Dr. Brigitta Balogh Rejuvenation for skin and body

Dr. Brigitta Balogh, a renowned Vienna-based plastic surgeon, is an experienced and recognised specialist for plastic, aesthetic and reconstructive surgery. Among the most sensitive procedures are skin peelings, hyaluronic and Botox treatments.

TEXT: ELISABETH DOEHNE | PHOTOS: UNIV.-DOZ. DR. BRIGITTA BALOGH

The appearance you present to the world has far-reaching implications; not only does it affect how others perceive you, but it can literally change how you feel about yourself. In addition to plastic and surgical procedures, Dr. Balogh's signature beauty treatments include skin and wrinkle therapy with peelings, medical needling, lifting, hyaluronic fillers (for wrinkles and lips), Botox for wrinkles and migraine, PRP (vampire lifting) and Aptos-lifting.

"I place great emphasis on providing information and educating my patients on their choices and specialised treatments. This is done with information sheets, educational resources and personalised

sketches. The patient also sees pictures of other anonymous patients who underwent the same procedure. This thorough and individualised process makes sure that the patient is educated and informed about the procedure, the healing process and proper care of scars to make the best choices," explains Dr. Balogh.

Patients find comfort in the trust they develop while working with the renowned and highly touted cosmetic surgeon, Dr. Balogh. Her practice offers a level of care and patient satisfaction that can only be achieved through one-on-one, patient-to-doctor dialogue. Dr. Balogh's goal is to bring the vision of

the patient from conception, through maturation, and into reality.

In recovering patients' skin and their youthful appearance after a summer of strong sunlight, the Austrian plastic surgeon recommends to do a procedure involving the body's own material. This PRP lift, or 'vampire lift', has become very popular. Luckily, the only connection to vampires is the fact that it involves use of a product made from your own blood. It is a three-dimensional procedure that both lifts and reshapes, preferably in the face but it can be used on other parts of the body with wrinkles or decreased volume, and even on the head to counter hair loss.

The treatment will leave the skin more elastic, fresh and smooth. The basic idea is to take a sample of your blood, process it into something called 'platelet rich plasma', or PRP, and then inject it into facial wrinkles.

www.drbalogh.at